

2022 MIDDLE ATLANTIC CONFERENCE CROSS COUNTRY
CHAMPIONSHIPS

LV
Saturday, October 29, 2022



OFFICIAL MEET REPORT
printed: 10/29/2022 1:21 PM

Race #1
WOMEN • 6 Kilometers (3.73 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Widener	40	1-4-5-14-16(33)(38)	1:55:43	23:09	1:08.7
2 Misericordia	101	8-9-19-30-35(40)(42)	1:58:59	23:48	1:24.4
3 DeSales	119	6-15-18-31-49(53)(58)	2:00:12	24:03	2:30.1
4 Lebanon Valley	142	12-17-29-36-48(52)(59)	2:01:27	24:18	2:02.1
5 Messiah	158	27-28-32-34-37(41)(46)	2:02:03	24:25	0:28.8
6 Arcadia	191	10-23-25-51-82(86)(87)	2:05:29	25:06	5:06.3
7 Alvernia	201	3-11-44-60-83(89)(93)	2:06:11	25:15	5:43.3
8 Stevens	216	21-43-47-50-55(85)	2:05:57	25:12	2:04.0
9 Stevenson	244	2-24-54-72-92(98)	2:09:26	25:54	6:58.3
10 York (Pa.)	287*	7-62-70-73-75(77)(101)	2:12:15	26:27	4:42.5
11 King's (Pa.)	287*	13-45-64-74-91	2:12:46	26:34	5:59.0
12 Eastern	313	20-57-63-69-104	2:23:48	28:46	16:06.1
13 Wilkes	319	56-61-65-66-71(78)(90)	2:13:42	26:45	1:17.6
14 Hood	342	26-67-80-81-88(95)(99)	2:16:31	27:19	4:38.5
15 Lycoming	349	22-68-79-84-96(97)(103)	2:18:34	27:43	6:52.9
16 Delaware Valley	411	39-76-94-100-102	2:30:15	30:03	9:22.2

*Tiebreakers

York (Pa.)	7	62	70	73	75	77
King's (Pa.)	13	45	64	74	91	

INDIVIDUAL RESULTS

Athlete	YR	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	.6Mile	2mile
1 NYE, Gabriella	SO	Widener (1)	1	22:30.6	---	6:02.1	3:45.1	4:08.0	12:01.9
2 PARDEW, Isabelle	JR	Stevenson (1)	2	22:34.8	4.2	6:03.2	3:45.8	4:07.7	12:04.4
3 GASTON, Cera	SR	Alvernia (1)	3	22:44.5	13.9	6:05.8	3:47.4	4:07.8	12:00.2
4 GABLE, Carly	JR	Widener (2)	4	22:56.7	26.1	6:09.1	3:49.5	4:08.2	12:08.5
5 BERNOTAS, Katelyn	SR	Widener (3)	5	22:57.4	26.8	6:09.3	3:49.6	4:08.5	12:12.5
6 SMITH, Amelia	SR	DeSales (1)	6	22:59.2	28.6	6:09.8	3:49.9	4:09.4	12:13.3
7 SKANE, Sarah	JR	York (Pa.) (1)	7	23:05.5	34.9	6:11.4	3:50.9	4:09.0	12:11.0
8 THOMPSON, Alexa	SR	Misericordia (1)	8	23:07.7	37.1	6:12.0	3:51.3	4:08.0	12:09.9
9 DEVRIES, Sarah	SO	Misericordia (2)	9	23:10.0	39.4	6:12.7	3:51.7	4:08.4	12:06.1
10 GORDLEY, Micah	JR	Arcadia (1)	10	23:17.4	46.8	6:14.6	3:52.9	4:09.7	12:10.8
11 SCHOENER, Katelyn	SO	Alvernia (2)	11	23:21.5	50.9	6:15.7	3:53.6	4:12.4	12:16.6
12 BUNKE, Lauren	JR	Lebanon Valley (1)	12	23:25.8	55.2	6:16.9	3:54.3	4:07.5	12:13.3
13 TOMKO, Zoe	SO	King's (Pa.) (1)	13	23:32.3	1:01.7	6:18.6	3:55.4	4:03.2	12:10.2
14 COONEY, Emily	JR	Widener (4)	14	23:38.1	1:07.5	6:20.2	3:56.4	4:08.4	12:12.3
15 ESTUS, Haley	SO	DeSales (2)	15	23:39.3	1:08.7	6:20.5	3:56.6	4:09.3	12:20.9
16 SWEELY, Jaden	SO	Widener (5)	16	23:39.3	1:08.7	6:20.5	3:56.6	4:14.6	12:30.3
17 BARTHOLOMEW, Coyla	FR	Lebanon Valley (2)	17	23:39.3	1:08.7	6:20.5	3:56.6	4:08.6	12:21.2
18 NICINSKI, Allison	SR	DeSales (3)	18	23:46.7	1:16.1	6:22.5	3:57.8	4:10.6	12:27.2
19 GALLAGHER, Grace	FR	Misericordia (3)	19	23:52.1	1:21.5	6:23.9	3:58.7	4:08.9	12:27.4

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INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	.6Mile	2mile
20 SHREFFLER, Hailey	SO	Eastern (1)	20	23:54.3	1:23.7	6:24.5	3:59.1	4:10.7	12:28.9
21 PINHO, Rachel	JR	Stevens (1)	21	23:54.7	1:24.1	6:24.6	3:59.1	4:14.0	12:29.8
22 YOCUM, Katryn	SO	Lycoming (1)	22	23:56.7	1:26.1	6:25.2	3:59.5	4:25.9	12:49.9
23 CURNOW, Grace	FR	Arcadia (2)	23	23:56.8	1:26.2	6:25.2	3:59.5	4:16.6	12:32.8
24 AL NASERI, Maryam	JR	Stevenson (2)	24	23:56.9	1:26.3	6:25.2	3:59.5	4:21.1	12:32.3
25 DEMICHIEL, Sophie	SR	Arcadia (3)	25	24:01.8	1:31.2	6:26.5	4:00.3	4:17.4	12:35.4
26 HERNANDEZ, Aylene	FR	Hood (1)	26	24:06.1	1:35.5	6:27.7	4:01.0	4:13.2	12:30.0
27 ANTHONY, Katie	FR	Messiah (1)	27	24:14.3	1:43.7	6:29.9	4:02.4	4:16.2	12:51.3
28 SCHUTTE, Ali	JR	Messiah (2)	28	24:15.2	1:44.6	6:30.1	4:02.5	4:16.8	12:51.0
29 GARGES, Autumn	FR	Lebanon Valley (3)	29	24:15.7	1:45.1	6:30.3	4:02.6	4:12.2	12:38.7
30 WAGNER, Brianna	SO	Misericordia (4)	30	24:16.2	1:45.6	6:30.4	4:02.7	4:09.7	12:20.7
31 ZEITLER, Shae	SO	DeSales (4)	31	24:16.7	1:46.1	6:30.5	4:02.8	4:10.6	12:27.1
32 DICRISTINA, Shannon	SR	FDU-Florham	-	24:20.0	1:49.4	6:31.4	4:03.3	4:15.1	12:40.2
33 COGGINS, Connor	JR	Messiah (3)	32	24:20.6	1:50.0	6:31.6	4:03.4	4:16.6	12:40.8
34 EGAN, Liz	SO	Widener (6)	(33)	24:27.1	1:56.5	6:33.3	4:04.5	4:12.7	12:37.6
35 POWELL, Teddi	JR	Messiah (4)	34	24:29.8	1:59.2	6:34.0	4:05.0	4:16.5	12:40.7
36 JONES, Katherine	SO	Misericordia (5)	35	24:32.1	2:01.5	6:34.7	4:05.4	4:10.2	12:36.0
37 KAPCSOS, Sierra	FR	Lebanon Valley (4)	36	24:38.1	2:07.5	6:36.3	4:06.4	4:12.4	12:39.4
38 SWAISGOOD, Amber	JR	Messiah (5)	37	24:43.1	2:12.5	6:37.6	4:07.2	4:28.1	13:07.8
39 RUDOLPH, Emily	JR	Widener (7)	(38)	24:45.3	2:14.7	6:38.2	4:07.6	4:29.4	13:06.4
40 BLACKMON, Alyssa	SO	Delaware Valley (1)	39	24:47.7	2:17.1	6:38.8	4:08.0	4:15.0	12:49.7
41 KAMMER, Madison	FR	Misericordia (6)	(40)	24:51.9	2:21.3	6:40.0	4:08.7	4:10.2	12:42.4
42 GALBRAITH, Joy	SO	Messiah (6)	(41)	24:53.7	2:23.1	6:40.5	4:09.0	4:27.2	13:06.9
43 AZZALINA, Serena	FR	Widener	-	24:55.8	2:25.2	6:41.0	4:09.3	4:18.7	12:58.8
44 HUGHEY, Kayla	SO	Misericordia (7)	(42)	24:57.7	2:27.1	6:41.5	4:09.6	4:15.0	12:49.7
45 ULRICH, Rachel	FR	Misericordia	-	24:59.0	2:28.4	6:41.9	4:09.8	4:17.3	13:00.0
46 GALLAGHER, Kristin	SO	Misericordia	-	25:07.6	2:37.0	6:44.2	4:11.3	4:20.6	13:07.5
47 FEERICK, Fionna	SO	Stevens (2)	43	25:07.7	2:37.1	6:44.2	4:11.3	4:35.1	13:15.1
48 FRIES, Isabel	JR	Alvernia (3)	44	25:10.2	2:39.6	6:44.9	4:11.7	4:17.9	13:01.6
49 JOHNSON, Julia	SO	King's (Pa.) (2)	45	25:11.7	2:41.1	6:45.3	4:12.0	4:25.1	13:06.0
50 HOWLAND, Kirsten	JR	Messiah (7)	(46)	25:12.8	2:42.2	6:45.6	4:12.1	4:26.9	13:08.4
51 FOGELSANGER, Amber	JR	Messiah	-	25:20.8	2:50.2	6:47.7	4:13.5	4:27.2	13:07.7
52 HAMLEN, Natalie	SO	Messiah	-	25:21.0	2:50.4	6:47.8	4:13.5	4:28.1	13:11.3
53 ENES, Taylor	FR	Stevens (3)	47	25:21.5	2:50.9	6:47.9	4:13.6	4:39.3	13:34.4
54 GRIFFIN, Mary	JR	FDU-Florham	-	25:23.2	2:52.6	6:48.4	4:13.9	4:26.6	13:17.1
55 HOFFMAN, Aleah	FR	Lebanon Valley (5)	48	25:27.9	2:57.3	6:49.6	4:14.7	4:33.0	13:16.6
56 VIGLIANTI, Nina	SO	DeSales (5)	49	25:29.3	2:58.7	6:50.0	4:14.9	4:20.3	13:09.4
57 HOLT, Donna	SO	Widener	-	25:31.7	3:01.1	6:50.6	4:15.3	4:20.4	13:07.0
58 CORR, Caroline	SR	Stevens (4)	50	25:34.0	3:03.4	6:51.3	4:15.7	4:38.0	13:28.8
59 TRAN, Chris	JR	Widener	-	25:40.3	3:09.7	6:52.9	4:16.7	4:30.8	13:23.6
60 NATHAN, Lucy	FR	Misericordia	-	25:42.3	3:11.7	6:53.5	4:17.1	4:19.4	13:07.5
61 CHANDLER, Cassidy	JR	Messiah	-	25:42.9	3:12.3	6:53.6	4:17.2	4:43.6	13:43.5
62 ANNASENZ, Kelsey	SO	Misericordia	-	25:44.2	3:13.6	6:54.0	4:17.4	4:20.9	13:19.9
63 FRANZREB, Casey	JR	Misericordia	-	25:46.5	3:15.9	6:54.6	4:17.8	4:20.5	13:16.0
64 SUTHERLAND, Emma	JR	Arcadia (4)	51	25:48.9	3:18.3	6:55.3	4:18.2	4:28.6	13:24.1
65 DONNELLY, Anna	SR	Lebanon Valley (6)	(52)	25:49.3	3:18.7	6:55.4	4:18.2	4:34.6	13:36.9

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66 SACCARY, Caitlyn	SO	DeSales (6)	(53)	25:49.9	3:19.3	6:55.5	4:18.3	4:20.0	13:21.9
67 BATH , Sarah	JR	Messiah	-	25:53.0	3:22.4	6:56.4	4:18.8	4:27.1	13:26.2
68 MELLSTROM, Lauren	JR	Stevenson (3)	54	25:55.1	3:24.5	6:56.9	4:19.2	4:26.7	13:22.5
69 LULAJ, Jacqueline	SO	Stevens (5)	55	25:58.7	3:28.1	6:57.9	4:19.8	4:39.7	13:38.2
70 KUPPINGER, Abby	SO	Wilkes (1)	56	26:02.8	3:32.2	6:59.0	4:20.5	4:26.5	13:24.9
71 MOYLAN, Madison	SO	Eastern (2)	57	26:05.3	3:34.7	6:59.7	4:20.9	4:33.6	13:41.7
72 STECKBECK, Hannah	SO	Messiah	-	26:10.1	3:39.5	7:00.9	4:21.7	4:43.7	13:43.4
73 MURPHY, Sara	JR	DeSales (7)	(58)	26:10.3	3:39.7	7:01.0	4:21.7	4:31.6	13:46.6
74 ORTT, Sarah	SO	Lebanon Valley (7)	(59)	26:12.4	3:41.8	7:01.6	4:22.1	4:34.7	13:38.0
75 CHIDESTER, Elizabeth	SO	DeSales	-	26:23.7	3:53.1	7:04.6	4:24.0	4:32.0	13:48.6
76 SNYDER, Kaitlyn	JR	Alvernia (4)	60	26:26.2	3:55.6	7:05.3	4:24.4	4:25.8	13:38.6
77 ELSESSER, Alexandra	FR	Wilkes (2)	61	26:27.3	3:56.7	7:05.5	4:24.6	4:24.1	13:39.1
78 KAISER, Bre	JR	York (Pa.) (2)	62	26:34.8	4:04.2	7:07.6	4:25.8	4:32.4	13:38.1
79 CUMMINGS, Kelly	JR	Eastern (3)	63	26:42.2	4:11.6	7:09.5	4:27.0	4:32.5	13:55.6
80 ADAMS, Samantha	FR	King's (Pa.) (3)	64	26:42.8	4:12.2	7:09.7	4:27.1	4:40.3	14:02.6
81 SATNOWSKI, Emily	FR	Wilkes (3)	65	26:48.7	4:18.1	7:11.3	4:28.1	4:26.8	13:57.4
82 HUNT, Abigail	FR	Lebanon Valley	-	26:52.9	4:22.3	7:12.4	4:28.8	4:39.1	13:53.5
83 NEGRA, Courtney	SO	Wilkes (4)	66	27:02.1	4:31.5	7:14.9	4:30.3	4:30.1	14:04.6
84 ARBAUGH, Maddie	FR	Hood (2)	67	27:02.2	4:31.6	7:14.9	4:30.4	4:22.0	13:45.4
85 CLEMENS, Allison	JR	Lycoming (2)	68	27:04.6	4:34.0	7:15.5	4:30.8	4:49.2	14:20.1
86 SIDER-ROSE, Anastasia	FR	Eastern (4)	69	27:05.1	4:34.5	7:15.7	4:30.8	4:32.4	13:54.6
87 BARRETT, Julie	JR	DeSales	-	27:12.6	4:42.0	7:17.7	4:32.1	4:25.1	13:54.3
88 KERNAN, Alannah	SO	York (Pa.) (3)	70	27:14.6	4:44.0	7:18.2	4:32.4	4:47.9	14:20.1
89 WAWRYZNSKI, Julia	JR	Lebanon Valley	-	27:18.2	4:47.6	7:19.2	4:33.0	4:37.3	14:06.4
90 METZ, Regan	SO	Wilkes (5)	71	27:20.4	4:49.8	7:19.8	4:33.4	4:30.7	14:05.7
91 KUSHNEROCK, Julia	SO	Stevenson (4)	72	27:25.3	4:54.7	7:21.1	4:34.2	4:36.0	14:06.5
92 HENRY, Paige	SO	York (Pa.) (4)	73	27:31.8	5:01.2	7:22.8	4:35.3	4:47.7	14:23.5
93 CHIPRIANO, Cecilia	FR	King's (Pa.) (4)	74	27:47.3	5:16.7	7:27.0	4:37.9	4:47.0	14:27.3
94 KOZIOLEK, Cassie	JR	York (Pa.) (5)	75	27:48.0	5:17.4	7:27.2	4:38.0	4:47.8	14:20.4
95 SCHWEITZER, Katelyn	JR	Albright	-	28:04.6	5:34.0	7:31.6	4:40.8	4:32.2	14:26.5
96 HASTINGS, Kelly	SO	Delaware Valley (2)	76	28:07.4	5:36.8	7:32.4	4:41.2	4:31.6	14:30.0
97 FRY, Lindsay	SO	York (Pa.) (6)	(77)	28:09.1	5:38.5	7:32.8	4:41.5	4:48.4	14:30.0
98 HENSIL, Mia	JR	Wilkes (6)	(78)	28:12.0	5:41.4	7:33.6	4:42.0		
99 SHAFFER, Claire	SR	Lycoming (3)	79	28:13.7	5:43.1	7:34.1	4:42.3	4:49.1	14:43.2
100 MULHOLLAND, Megan	FR	Hood (3)	80	28:15.7	5:45.1	7:34.6	4:42.6	4:50.8	15:04.3
101 MONTEIRO, Amelia	SO	DeSales	-	28:19.4	5:48.8	7:35.6	4:43.2	4:39.3	14:33.3
102 BARTMAN, Marin	FR	Hood (4)	81	28:21.8	5:51.2	7:36.2	4:43.6	4:33.8	14:54.7
103 MCCUE, Taylor	FR	Arcadia (5)	82	28:23.7	5:53.1	7:36.8	4:44.0	4:47.5	14:49.6
104 GEST, Jenna	SO	Lebanon Valley	-	28:27.7	5:57.1	7:37.8	4:44.6	4:39.3	14:33.4
105 ST. PIERRE, Mackenzie	SO	Alvernia (5)	83	28:27.8	5:57.2	7:37.9	4:44.6	4:43.1	14:55.9
106 NEAL, Madisyn	JR	Lycoming (4)	84	28:28.5	5:57.9	7:38.0	4:44.8	4:53.7	15:05.0
107 ALEXANDROV, Christina	FR	Stevens (6)	(85)	28:35.1	6:04.5	7:39.8	4:45.8	4:50.2	14:50.5
108 ENGLER, Jacqueline	SO	Arcadia (6)	(86)	28:35.9	6:05.3	7:40.0	4:46.0	4:48.6	14:53.9
109 GLISTA, Morgan	SR	Arcadia (7)	(87)	28:39.4	6:08.8	7:41.0	4:46.6	4:46.4	14:42.0
110 DURBANO, Abby	FR	DeSales	-	28:44.0	6:13.4	7:42.2	4:47.3	4:39.8	14:49.4
111 HELLER, Adalie	SO	Hood (5)	88	28:44.6	6:14.0	7:42.4	4:47.4	4:51.0	15:04.2

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112 MUSGROVE, Melena	JR	Alvernia (6)	(89)	29:03.7	6:33.1	7:47.5	4:50.6	4:43.7	14:47.9
113 TOMASSACCI, Ashley	FR	Wilkes (7)	(90)	29:08.1	6:37.5	7:48.7	4:51.3	4:54.3	15:05.6
114 EBERHARD, Brooke	FR	Lebanon Valley	-	29:28.9	6:58.3	7:54.2	4:54.8	4:49.7	14:56.9
115 DAINAUSKI, Laura	SO	King's (Pa.) (5)	91	29:31.3	7:00.7	7:54.9	4:55.2	4:51.0	15:03.1
116 SWANN, Alissa	FR	Stevenson (5)	92	29:33.1	7:02.5	7:55.4	4:55.5	4:53.1	15:18.5
117 STERNBERG, Caitlin	SO	Alvernia (7)	(93)	29:46.4	7:15.8	7:58.9	4:57.7	4:56.8	15:02.8
118 SUBE, Gianna	FR	Arcadia	-	30:04.9	7:34.3	8:03.9	5:00.8	4:48.2	15:11.7
119 BROWN, Leah	JR	Albright	-	30:21.5	7:50.9	8:08.3	5:03.6	4:48.0	15:32.7
120 LAIRD, Molly	FR	Delaware Valley (3)	94	30:43.8	8:13.2	8:14.3	5:07.3	5:17.6	16:22.5
121 JANNER, Alex	SO	Lebanon Valley	-	30:44.4	8:13.8	8:14.5	5:07.4	5:00.9	16:05.8
122 WELLS, Julee	JR	Hood (6)	(95)	30:45.3	8:14.7	8:14.7	5:07.6	5:02.8	15:54.8
123 FAVE, Isabella	SO	Lycoming (5)	96	30:49.6	8:19.0	8:15.9	5:08.3	5:31.3	16:31.2
124 O'CONNOR, Madeline	SO	Lycoming (6)	(97)	31:25.2	8:54.6	8:25.4	5:14.2	4:54.7	15:52.2
125 EAGLE, Malee	FR	Stevenson (6)	(98)	31:45.3	9:14.7	8:30.8	5:17.6	5:27.0	17:00.5
126 CORRELL, Erica	FR	Hood (7)	(99)	31:55.5	9:24.9	8:33.5	5:19.3	5:10.8	16:30.5
127 POSTLEWAIT, Hannah	SO	DeSales	-	32:14.1	9:43.5	8:38.5	5:22.3	5:06.1	16:31.1
128 MULLEN, Sarah	SO	Delaware Valley (4)	100	32:25.3	9:54.7	8:41.5	5:24.2	5:17.6	16:34.6
129 PILLSBURY, Alia	FR	York (Pa.) (7)	(101)	32:28.8	9:58.2	8:42.5	5:24.8	5:18.3	16:35.3
130 MARQUESS, Carly	FR	Albright	-	33:17.8	10:47.2	8:55.6	5:33.0	5:31.7	17:23.4
131 COUSE, Catherine	SR	Delaware Valley (5)	102	34:09.9	11:39.3	9:09.6	5:41.7	5:28.8	17:33.6
132 ROVENOLT, Mariah	SR	Lycoming (7)	(103)	34:28.5	11:57.9	9:14.6	5:44.8	5:46.3	17:59.1
133 LAMONT, Ha-anh	SR	Lycoming	-	35:30.2	12:59.6	9:31.1	5:55.0	5:50.5	18:29.0
134 DEWOLFE, Rachel	JR	Lycoming	-	39:46.4	17:15.8	10:39.8	6:37.7	6:18.5	20:30.5
135 MADDEN, Kayla	FR	Eastern (5)	104	40:00.4	17:29.8	10:43.5	6:40.1	5:59.5	20:21.8

2022 MIDDLE ATLANTIC CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

LV

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Race #2
MEN • 8 Kilometers (4.97 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Messiah	40	1-2-7-14-16(24)(36)	2:07:49	25:34	1:10.5
2 Widener	81	4-5-10-30-32(47)(51)	2:10:39	26:08	1:22.3
3 DeSales	91	6-13-15-20-37(38)(49)	2:11:04	26:13	1:26.9
4 Stevens	94	12-17-18-21-26(39)(42)	2:11:12	26:15	0:38.3
5 Lebanon Valley	100	3-8-25-31-33(41)(44)	2:11:32	26:19	1:30.4
6 Misericordia	121	9-11-19-27-55(59)(64)	2:12:42	26:33	2:14.3
7 York (Pa.)	195	23-34-40-48-50(54)(56)	2:16:06	27:14	1:14.4
8 King's (Pa.)	259	35-45-46-62-71(77)(81)	2:19:19	27:52	1:40.2
9 Stevenson	280	43-52-53-63-69(86)(87)	2:20:22	28:05	1:15.4
10 Alvernia	324	29-60-74-76-85(92)(97)	2:25:37	29:08	4:55.5
11 Hood	355	22-57-82-94-100(103)	2:34:12	30:51	9:38.0
12 Arcadia	369	61-66-78-80-84	2:27:41	29:33	2:41.9
13 Wilkes	370	28-73-83-91-95	2:32:50	30:34	6:55.9
14 Eastern	379	67-68-75-79-90(93)	2:28:44	29:45	3:29.5
15 Delaware Valley	402	65-70-72-96-99(102)(105)	2:34:42	30:57	6:01.4
16 Lycoming	434	58-88-89-98-101(104)(106)	2:43:07	32:38	8:42.7

INDIVIDUAL RESULTS

Athlete	YR	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	.6Mil	2Mile	3.3Mi	4.2Mi
1 HORST, Logan	JR	Messiah (1)	1	24:54.3	---	5:00.7	3:06.8	3:17.6	9:44.6	16:20.6	22:27.0
2 HUTCHINSON , Andrew	JR	Messiah (2)	2	25:05.9	11.6	5:03.0	3:08.2	3:19.0	9:54.7	16:36.7	22:41.0
3 GRIFFIN, Noah	SR	Lebanon Valley (1)	3	25:27.9	33.6	5:07.4	3:11.0	3:20.8	9:58.6	16:43.8	22:56.5
4 FLEAR, Thomas	FR	Widener (1)	4	25:31.8	37.5	5:08.2	3:11.5	3:20.8	9:57.9	16:44.3	22:56.7
5 CAROLAN, Patrick	SR	Widener (2)	5	25:33.5	39.2	5:08.6	3:11.7	3:20.6	10:02.0	16:53.4	23:07.2
6 ARTIS, Shane	JR	DeSales (1)	6	25:38.4	44.1	5:09.5	3:12.3	3:27.2	10:07.6	16:44.1	22:56.4
7 FETTER, Louka	FR	Messiah (3)	7	25:43.2	48.9	5:10.5	3:12.9	3:21.9	10:02.0	16:54.9	23:12.8
8 BERGER, Jordan	JR	Lebanon Valley (2)	8	25:46.0	51.7	5:11.1	3:13.3	3:19.1	9:57.6	16:58.4	23:14.5
9 ROWLEY, Stephen	SO	Misericordia (1)	9	25:47.5	53.2	5:11.4	3:13.4	3:21.9	10:02.0	16:56.4	23:12.8
10 MILLAR, David	SO	Widener (3)	10	25:50.8	56.5	5:12.0	3:13.9	3:29.6	10:19.5	17:11.2	23:25.4
11 KOBER , Stephen	JR	Misericordia (2)	11	25:52.4	58.1	5:12.4	3:14.1	3:20.4	9:58.7	16:48.8	23:11.9
12 CONCANNON, Liam	SO	Stevens (1)	12	25:57.8	1:03.5	5:13.4	3:14.7	3:26.2	10:14.9	17:05.6	23:25.3
13 MANIDIS, Nick	JR	DeSales (2)	13	25:59.3	1:05.0	5:13.7	3:14.9	3:29.6	10:16.2	17:05.7	23:25.1
14 MOYER, Josiah	JR	Messiah (4)	14	26:00.6	1:06.3	5:14.0	3:15.1	3:21.9	10:02.3	16:56.2	23:16.9
15 SANTACOLOMA, Matthew	SR	DeSales (3)	15	26:02.1	1:07.8	5:14.3	3:15.3	3:28.7	10:09.6	17:05.1	23:24.8
16 CALISTI, Noah	SO	Messiah (5)	16	26:04.8	1:10.5	5:14.8	3:15.6	3:27.0	10:13.5	17:06.2	23:26.1
17 MELAO, Ronnie	JR	Stevens (2)	17	26:07.5	1:13.2	5:15.4	3:15.9	3:26.0	10:15.1	17:06.1	23:28.9
18 AYLMEER, Jake	SO	Stevens (3)	18	26:09.4	1:15.1	5:15.8	3:16.2	3:27.6	10:15.2	17:06.1	23:31.0
19 MCKENNA, Tavian	SO	Misericordia (3)	19	26:17.8	1:23.5	5:17.5	3:17.2	3:24.3	10:14.6	17:15.5	23:40.8
20 TYCE, Carl	SR	DeSales (4)	20	26:18.4	1:24.1	5:17.6	3:17.3	3:29.1	10:21.7	17:24.6	23:50.5
21 HALVORSEN, Matthew	JR	Stevens (4)	21	26:21.1	1:26.8	5:18.1	3:17.6	3:33.1	10:26.9	17:23.6	23:41.9
22 SAPPE, Chris	FR	Hood (1)	22	26:25.6	1:31.3	5:19.0	3:18.2	3:26.7	10:15.5	17:16.5	23:44.5
23 ROSEBOOM, Jack	SO	York (Pa.) (1)	23	26:26.9	1:32.6	5:19.3	3:18.4	3:26.3	10:16.6	17:16.6	23:42.1

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INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	.6Mil	2Mile	3.3Mi	4.2Mi
24 BAUMAN, Josh	SO	Messiah (6)	(24)	26:28.3	1:34.0	5:19.6	3:18.5	3:33.8	10:34.6	17:32.2	23:53.4
25 CHUKOSKIE, Joseph	FR	Lebanon Valley (3)	25	26:30.7	1:36.4	5:20.1	3:18.8	3:28.4	10:17.9	17:17.4	23:45.5
26 GRIFFIN, Tim	SO	Stevens (5)	26	26:36.1	1:41.8	5:21.1	3:19.5	3:39.3	10:36.2	17:36.8	24:01.2
27 SHULMAN, Ryan	FR	Misericordia (4)	27	26:41.7	1:47.4	5:22.3	3:20.2	3:26.3	10:15.3	17:16.3	23:52.9
28 EDWARDS, Caleb	FR	Wilkes (1)	28	26:45.1	1:50.8	5:23.0	3:20.6	3:29.7	10:20.4	17:33.6	24:05.7
29 ROSELLI, Anthony	JR	Alvernia (1)	29	26:45.8	1:51.5	5:23.1	3:20.7	3:26.3	10:17.4	17:26.5	24:04.2
30 NESCIO, Joseph	SO	Widener (4)	30	26:48.2	1:53.9	5:23.6	3:21.0	3:27.4	10:17.5	17:24.4	23:59.6
31 ROTHSTEIN, Samuel	FR	Lebanon Valley (4)	31	26:48.9	1:54.6	5:23.7	3:21.1	3:28.3	10:17.7	17:24.9	24:05.9
32 MCFOY, Noah	SR	Widener (5)	32	26:54.1	1:59.8	5:24.8	3:21.8	3:34.3	10:33.6	17:38.5	24:06.8
33 MILLER, Donald	FR	Lebanon Valley (5)	33	26:58.3	2:04.0	5:25.6	3:22.3	3:30.6	10:35.3	17:43.1	24:17.2
34 VALDERRABANO, Isaac	SR	York (Pa.) (2)	34	27:03.4	2:09.1	5:26.6	3:22.9	3:31.7	10:21.3	17:25.6	24:11.7
35 WEAVER, Casey	FR	King's (Pa.) (1)	35	27:04.1	2:09.8	5:26.8	3:23.0	3:27.5	10:35.6	17:49.6	24:22.7
36 CONDON, John	FR	Messiah (7)	(36)	27:05.1	2:10.8	5:27.0	3:23.1	3:33.4	10:38.6	17:51.1	24:25.5
37 KATZENMOYER, Jonathan	SO	DeSales (5)	37	27:05.3	2:11.0	5:27.0	3:23.2	3:31.4	10:29.0	17:42.2	24:20.5
38 RICCO, Eric	JR	DeSales (6)	(38)	27:10.4	2:16.1	5:28.0	3:23.8	3:31.1	10:28.4	17:44.7	24:25.9
39 JUTRAS, Daniel	FR	Stevens (6)	(39)	27:14.7	2:20.4	5:28.9	3:24.3	3:43.2	10:58.7	18:07.7	24:32.9
40 COLYER, Zeke	FR	Messiah	-	27:16.1	2:21.8	5:29.2	3:24.5	3:40.7	10:57.8	18:11.2	24:43.3
41 SMITH, Sean	SO	York (Pa.) (3)	40	27:16.2	2:21.9	5:29.2	3:24.5	3:26.0	10:16.7	17:34.1	24:19.0
42 FERRIZZI, Vince	JR	Lebanon Valley (6)	(41)	27:16.2	2:21.9	5:29.2	3:24.5	3:28.4	10:24.4	17:48.0	24:29.7
43 PORCO, Jake	SO	Stevens (7)	(42)	27:18.0	2:23.7	5:29.6	3:24.8	3:44.8	10:54.5	18:03.3	24:33.6
44 SCHINDLER, Hayden	JR	Stevenson (1)	43	27:26.3	2:32.0	5:31.2	3:25.8	3:32.3	10:34.2	17:53.0	24:34.5
45 MCKELL, Elijah	FR	Lebanon Valley (7)	(44)	27:28.7	2:34.4	5:31.7	3:26.1	3:35.9	10:45.6	18:08.7	24:46.0
46 FOYTACK, Owen	SO	King's (Pa.) (2)	45	27:30.6	2:36.3	5:32.1	3:26.3	3:26.9	10:29.7	17:52.1	24:38.9
47 PETTY, Tyler	SO	King's (Pa.) (3)	46	27:32.4	2:38.1	5:32.5	3:26.6	3:27.1	10:29.7	17:51.9	24:40.4
48 CAROLAN, Michael	FR	Widener (6)	(47)	27:32.5	2:38.2	5:32.5	3:26.6	3:31.6	10:41.3	18:00.8	24:44.6
49 PLEBAN, Joseph	SO	Lebanon Valley	-	27:33.0	2:38.7	5:32.6	3:26.6	3:33.1	10:44.1	18:00.6	24:44.7
50 HUNT, Tyler	SO	York (Pa.) (4)	48	27:37.6	2:43.3	5:33.5	3:27.2	3:37.0	10:41.0	18:05.1	24:49.1
51 LOY, Andrew	JR	Lebanon Valley	-	27:38.6	2:44.3	5:33.7	3:27.3	3:33.3	10:45.5	18:09.5	24:53.8
52 CUMMINGS, Joseph	SR	DeSales (7)	(49)	27:40.9	2:46.6	5:34.2	3:27.6	3:31.2	10:29.4	17:54.2	24:47.6
53 HENRIKSEN, Brandon	JR	York (Pa.) (5)	50	27:41.3	2:47.0	5:34.3	3:27.7	3:31.6	10:22.2	17:48.7	24:40.7
54 SOLLY, Billy	SR	DeSales	-	27:42.6	2:48.3	5:34.5	3:27.8	3:39.1	10:53.6	18:14.6	24:52.6
55 COGGINS, Nathaniel	FR	Messiah	-	27:43.6	2:49.3	5:34.7	3:28.0	3:40.6	10:58.0	18:18.2	24:58.9
56 PLUNKETT, Thomas	JR	Widener (7)	(51)	27:44.2	2:49.9	5:34.8	3:28.0	3:39.2	11:01.4	18:26.7	25:05.3
57 DEREMER, Josh	SO	DeSales	-	27:47.7	2:53.4	5:35.6	3:28.5	3:39.0	10:46.5	18:13.0	25:02.4
58 BARRETT, Jake	SO	Stevenson (2)	52	27:50.0	2:55.7	5:36.0	3:28.8	3:35.4	10:49.5	18:12.8	25:04.0
59 KAUFFMAN, Lance	SO	Messiah	-	27:52.9	2:58.6	5:36.6	3:29.1	3:37.4	10:57.4	18:19.1	25:05.2
60 BREWSTER, Mason	SO	Stevens	-	27:54.4	3:00.1	5:36.9	3:29.3	3:43.6	10:57.1	18:11.3	24:59.5
61 FARNSWORTH, Taylor	SR	Stevenson (3)	53	27:55.4	3:01.1	5:37.1	3:29.4	3:40.4	10:50.7	18:14.0	24:56.2
62 BARBI, James	FR	Stevens	-	27:58.0	3:03.7	5:37.6	3:29.8	3:45.7	11:10.4	18:35.3	25:15.6
63 HERMAN, James	SO	York (Pa.) (6)	(54)	28:00.1	3:05.8	5:38.0	3:30.0	3:38.9	10:54.5	18:31.7	25:16.5
64 SHELTON, Eric	FR	Lebanon Valley	-	28:00.2	3:05.9	5:38.1	3:30.0	3:43.1	11:04.6	18:32.8	25:11.9
65 BRICKER, Thomas	FR	Misericordia (5)	55	28:01.8	3:07.5	5:38.4	3:30.2	3:27.8	10:25.4	18:00.0	24:58.8
66 SCARBOROUGH, Caleb	SO	Lebanon Valley	-	28:01.9	3:07.6	5:38.4	3:30.2	3:41.5	11:02.2	18:28.6	25:13.1
67 PHILLIPPY, Ben	JR	DeSales	-	28:02.6	3:08.3	5:38.6	3:30.3	3:34.0	10:35.7	17:51.6	24:42.7
68 GOWER HALL, Baxter	FR	York (Pa.) (7)	(56)	28:03.1	3:08.8	5:38.7	3:30.4	3:41.0	10:58.7	18:25.2	25:16.7
69 WYRICK, Jonathan	SO	Messiah	-	28:04.0	3:09.7	5:38.8	3:30.5	3:40.1	10:57.5	18:14.2	24:58.4

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70 BILLET, Tyler	FR	Messiah	-	28:05.1	3:10.8	5:39.1	3:30.6	3:40.9	10:58.8	18:28.9	25:15.3
71 KELLY, Gavin	FR	Widener	-	28:07.7	3:13.4	5:39.6	3:31.0	3:35.6	10:50.5	18:23.3	25:11.4
72 WHITESELL, Grayson	JR	Hood (2)	57	28:09.2	3:14.9	5:39.9	3:31.2	3:37.6	11:03.8	18:43.0	25:26.6
73 DONAHUE, Paul	SO	Widener	-	28:10.9	3:16.6	5:40.2	3:31.4	3:39.2	10:55.9	18:29.0	25:20.5
74 DRAPER, Kenneth	FR	Lycoming (1)	58	28:12.0	3:17.7	5:40.4	3:31.5	3:26.1	10:41.9	18:25.1	25:14.3
75 ONODY, Bryan	SO	Stevens	-	28:12.4	3:18.1	5:40.5	3:31.6	3:45.6	11:10.9	18:44.4	25:29.7
76 DI CESARE, Alec	SO	Lebanon Valley	-	28:13.3	3:19.0	5:40.7	3:31.7	3:39.2	10:59.1	18:36.4	25:26.2
77 BITERA, Cholo	SO	Misericordia (6)	(59)	28:16.2	3:21.9	5:41.3	3:32.0	3:28.4	10:50.3	18:30.8	25:23.8
78 SCHERMERHORN, Kyle	SO	Alvernia (2)	60	28:17.4	3:23.1	5:41.5	3:32.2	3:37.8	10:59.7	18:28.7	25:19.3
79 SMOOT, Josh	FR	York (Pa.)	-	28:19.0	3:24.7	5:41.9	3:32.4	3:46.1	11:15.7	18:44.8	25:33.8
80 TOMASCH, Troy	JR	Stevens	-	28:19.4	3:25.1	5:41.9	3:32.4	3:45.3	11:11.6	18:47.8	25:36.4
81 WALTER, Kevin	SR	Arcadia (1)	61	28:25.3	3:31.0	5:43.1	3:33.2	3:44.2	11:05.1	18:36.3	25:27.3
82 FORGASH, Mitchell	JR	King's (Pa.) (4)	62	28:27.0	3:32.7	5:43.5	3:33.4	3:33.4	11:01.3	18:45.0	25:39.3
83 COLE, Spencer	SO	Stevenson (4)	63	28:27.6	3:33.3	5:43.6	3:33.5	3:25.4	10:43.8	18:24.2	25:24.2
84 SCIALABBA, Rory	SO	Misericordia (7)	(64)	28:31.7	3:37.4	5:44.4	3:34.0	3:48.3	11:11.2	18:42.9	25:32.9
85 REMENTER, Zachary	FR	Widener	-	28:32.7	3:38.4	5:44.6	3:34.1	3:41.3	11:04.5	18:43.0	25:35.8
86 MENTA, Joseph	SR	DeSales	-	28:34.2	3:39.9	5:44.9	3:34.3	3:38.9	11:01.2	18:38.4	25:35.5
87 OWEN, Carter	SO	Delaware Valley (1)	65	28:34.5	3:40.2	5:45.0	3:34.3	3:32.0	10:46.5	18:28.9	25:31.5
88 ORLANDO, Frank	SO	Stevens	-	28:35.8	3:41.5	5:45.2	3:34.5	3:43.9	11:07.4	18:46.6	25:42.9
89 MILLER, Forrest	FR	DeSales	-	28:36.0	3:41.7	5:45.3	3:34.5	3:36.7	10:49.4	18:30.4	25:33.0
90 WILLIAMSON, Ben	FR	Arcadia (2)	66	28:38.0	3:43.7	5:45.7	3:34.8	3:38.8	11:00.3	18:36.2	25:34.1
91 DANIEL, Astin	FR	Eastern (1)	67	28:39.5	3:45.2	5:46.0	3:34.9	3:44.4	11:18.4	19:03.0	25:47.4
92 MELLINGER, Ryle	FR	Eastern (2)	68	28:39.8	3:45.5	5:46.0	3:35.0	3:44.5	11:18.2	19:02.7	25:47.3
93 WOMACK, Johnathan	JR	Stevenson (5)	69	28:41.7	3:47.4	5:46.4	3:35.2	3:45.4	11:06.9	18:52.6	25:50.8
94 RHINEHART, Trey	SO	Misericordia	-	28:42.6	3:48.3	5:46.6	3:35.3	3:28.1	10:24.1	17:33.6	24:17.7
95 KAUFMAN, Justin	SO	Delaware Valley (2)	70	28:42.9	3:48.6	5:46.7	3:35.4	3:42.9	11:19.3	19:03.8	25:59.0
96 MCCARROLL, Will	FR	King's (Pa.) (5)	71	28:44.3	3:50.0	5:46.9	3:35.5	3:41.7	11:10.1	18:56.3	25:54.2
97 FRY, Logan	SO	York (Pa.)	-	28:46.1	3:51.8	5:47.3	3:35.8	3:44.9	11:14.3	18:50.5	25:49.7
98 ZAMICHEL, Dante	SO	Albright	-	28:46.6	3:52.3	5:47.4	3:35.8	3:36.3	11:06.2	18:54.2	25:52.4
99 MASTERS, Anthony	SO	Misericordia	-	28:47.6	3:53.3	5:47.6	3:36.0	3:49.0	11:19.7	18:53.6	25:44.1
100 CAROLAN, Kevin	SO	Widener	-	28:56.5	4:02.2	5:49.4	3:37.1	3:41.0	11:08.5	18:53.1	25:54.0
101 SKIKUS, Matthew	FR	Delaware Valley (3)	72	28:57.9	4:03.6	5:49.7	3:37.2	3:42.5	11:08.9	18:49.1	25:51.6
102 DIMARCO, Jason	FR	Widener	-	28:59.7	4:05.4	5:50.0	3:37.5	3:42.2	11:14.0	19:00.0	26:03.2
103 SPURRIER, Zachary	SO	Wilkes (2)	73	29:09.5	4:15.2	5:52.0	3:38.7	3:38.5	11:04.9	18:53.2	25:59.3
104 WENDEL, Zackary	FR	Alvernia (3)	74	29:18.6	4:24.3	5:53.8	3:39.8	3:40.4	11:15.3	19:08.5	26:17.0
105 KARWACKI, Austin	FR	Misericordia	-	29:29.4	4:35.1	5:56.0	3:41.2	3:48.4	11:20.0	19:15.3	26:22.4
106 HATTON, Kesi	FR	Eastern (3)	75	29:32.5	4:38.2	5:56.6	3:41.6	3:44.7	11:24.3	19:18.6	26:29.4
107 RODRIGUEZ JR., Emmanuel	SO	Alvernia (4)	76	29:33.9	4:39.6	5:56.9	3:41.7	3:39.8	11:13.6	19:19.0	26:34.6
108 TAYLOR, Logan	SO	King's (Pa.) (6)	(77)	29:38.3	4:44.0	5:57.8	3:42.3	3:43.9	11:27.5	19:31.3	26:39.2
109 IP, Sean	JR	Arcadia (3)	78	29:41.2	4:46.9	5:58.4	3:42.7	3:44.6	11:19.1	19:18.5	26:30.4
110 KARCH, Jason	FR	Eastern (4)	79	29:43.1	4:48.8	5:58.8	3:42.9	3:44.6	11:20.6	19:24.2	26:36.6
111 BEHM, Ben	SR	Arcadia (4)	80	29:49.2	4:54.9	6:00.0	3:43.7	3:45.0	11:21.8	19:25.6	26:40.3
112 NOLAN, Pierce	SO	York (Pa.)	-	29:57.5	5:03.2	6:01.7	3:44.7	3:49.2	11:37.2	19:38.1	26:47.6
113 NOVROCKI, Andrew	SO	King's (Pa.) (7)	(81)	30:05.3	5:11.0	6:03.2	3:45.7	3:51.6	11:50.8	19:59.2	27:06.5
114 BOHLIN, Kyle	JR	Misericordia	-	30:13.2	5:18.9	6:04.8	3:46.7	3:48.6	11:36.1	19:47.8	27:05.3
115 LANE, Travis	SO	King's (Pa.)	-	30:20.4	5:26.1	6:06.3	3:47.6	3:51.4	11:50.6	20:01.2	27:13.0

2022 MIDDLE ATLANTIC CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

LV

Saturday, October 29, 2022



OFFICIAL MEET REPORT
printed: 10/29/2022 1:21 PM

Race #2
MEN • 8 Kilometers (4.97 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	.6Mil	2Mile	3.3Mi	4.2Mi
116 BOUSELLI, Ben	FR	York (Pa.)	-	30:32.9	5:38.6	6:08.8	3:49.1	3:51.3	11:45.5	19:53.2	27:13.8
117 SESKAR, Alex	FR	Hood (3)	82	30:36.6	5:42.3	6:09.5	3:49.6	3:42.6	11:35.3	19:53.2	27:18.7
118 WY SOCKI, JT	FR	King's (Pa.)	-	30:39.5	5:45.2	6:10.1	3:49.9	3:45.8	11:36.2	19:52.0	27:26.4
119 KILHEENEY, Drew	SR	York (Pa.)	-	30:50.7	5:56.4	6:12.4	3:51.3	3:49.9	11:49.1	20:19.4	27:40.6
120 EDSALL, Dustin	SO	Wilkes (3)	83	30:52.3	5:58.0	6:12.7	3:51.5	3:42.7	11:31.1	19:59.7	27:36.2
121 NOBLE, Jonathan	SR	Arcadia (5)	84	31:07.2	6:12.9	6:15.7	3:53.4	3:47.7	11:45.2	20:07.7	27:38.7
122 LAYNE, Andrew	SO	Misericordia	-	31:34.1	6:39.8	6:21.1	3:56.8	3:54.0	12:00.0	20:27.4	28:02.7
123 HENRY, James	FR	Alvernia (5)	85	31:41.3	6:47.0	6:22.6	3:57.7	3:55.8	11:55.5	20:28.5	28:07.3
124 LUKUBAMA, Michael	FR	Stevenson (6)	(86)	31:41.4	6:47.1	6:22.6	3:57.7	4:16.1	12:39.1	21:06.9	28:31.2
125 HALL, Jackson	FR	Stevenson (7)	(87)	31:41.5	6:47.2	6:22.6	3:57.7	4:16.2	12:39.1	21:05.7	28:30.8
126 LEE, Garrett	SR	Lycoming (2)	88	31:53.4	6:59.1	6:25.0	3:59.2	3:48.2	12:19.5	20:45.6	28:23.7
127 REIGLE, Caleb	SR	Lycoming (3)	89	32:08.4	7:14.1	6:28.0	4:01.1	4:00.7	12:19.5	20:45.8	28:32.2
128 DYKES, Billy	JR	Eastern (5)	90	32:09.0	7:14.7	6:28.1	4:01.1	4:04.6	12:37.0	21:13.5	28:43.9
129 WHITMAN, Brandon	SR	Wilkes (4)	91	32:21.4	7:27.1	6:30.6	4:02.7	4:03.0	12:28.4	21:18.9	28:53.5
130 DENNISON, Ryan	FR	Alvernia (6)	(92)	32:28.7	7:34.4	6:32.1	4:03.6	3:56.3	12:22.8	21:09.5	28:54.8
131 RIOS, Solomon	SO	Eastern (6)	(93)	32:34.3	7:40.0	6:33.2	4:04.3	4:01.5	12:20.0	21:05.4	28:56.2
132 HENDERSHOT, Holt	FR	Stevenson	-	32:34.4	7:40.1	6:33.2	4:04.3	4:19.6	12:56.9	21:36.5	29:25.0
133 LEA-WILSON, Mark	FR	Hood (4)	94	32:56.4	8:02.1	6:37.7	4:07.1	4:22.7	12:59.5	21:36.4	29:20.2
134 HAMILTON, Malik	JR	Stevenson	-	33:17.6	8:23.3	6:41.9	4:09.7	4:16.2	12:39.4	21:36.9	29:45.9
135 FOSTER, Connor	SO	King's (Pa.)	-	33:29.2	8:34.9	6:44.3	4:11.2	4:11.0	12:47.9	21:50.6	29:54.6
136 ROGERS-KEENEY, Isaiah	FR	Wilkes (5)	95	33:41.0	8:46.7	6:46.6	4:12.6	3:55.0	12:52.9	22:15.6	30:19.2
137 FRONHEISER, Brance	FR	Delaware Valley (4)	96	33:50.6	8:56.3	6:48.6	4:13.8	4:03.3	12:55.1	22:20.4	30:12.5
138 NAIMI, Younes	FR	Alvernia (7)	(97)	33:55.9	9:01.6	6:49.6	4:14.5	4:04.8	12:54.9	22:15.8	30:22.1
139 MCKENNA, Sean	SO	Lycoming (4)	98	33:57.6	9:03.3	6:50.0	4:14.7	4:10.0	13:00.5	21:59.2	30:01.1
140 COOPER, Logan	SR	Delaware Valley (5)	99	34:35.9	9:41.6	6:57.7	4:19.5	4:03.4	12:55.1	22:20.6	30:44.8
141 CORTES, Christian	FR	Albright	-	35:03.0	10:08.7	7:03.1	4:22.9	4:35.7	13:55.3	23:20.5	31:30.5
142 PATTON, Jordan	FR	Albright	-	35:31.2	10:36.9	7:08.8	4:26.4	4:35.8	13:56.0	23:21.6	31:31.6
143 CASTRO, Peter	SO	Hood (5)	100	36:03.6	11:09.3	7:15.3	4:30.5	4:32.5	14:09.1	23:47.1	32:04.4
144 NOEL, Nathaniel	SO	Lycoming (5)	101	36:54.7	12:00.4	7:25.6	4:36.8	4:11.5	13:29.6	23:35.2	32:36.1
145 ROSENBERGER, Justin	SO	Delaware Valley (6)	(102)	38:01.8	13:07.5	7:39.1	4:45.2	4:34.6	14:21.9	24:40.6	33:53.0
146 HENLINE, Christian	FR	Hood (6)	(103)	39:46.6	14:52.3	8:00.2	4:58.3	4:32.3	14:46.3	25:57.5	35:20.7
147 CHIGUICHON, Brandon	SO	Lycoming (6)	(104)	39:50.9	14:56.6	8:01.1	4:58.9	4:55.5	15:29.8	26:09.6	35:24.3
148 SMITH, Kevin	FR	Delaware Valley (7)	(105)	42:42.7	17:48.4	8:35.6	5:20.3	4:56.5	15:45.2	27:33.1	37:53.1
149 HUFFMAN, Blake	FR	Lycoming (7)	(106)	45:08.0	20:13.7	9:04.9	5:38.5	4:35.0	15:38.2	28:35.0	39:40.2